

Entertainment

**Crooner
Bubl  shows
off his
diversity**

pg 19



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THURSDAY, OCTOBER 8, 2009

metronews.ca



EASY MONEY WEEKDAYS

@ 7:13am, 8:13am, 12:13pm & 4:13pm

Local man faces luring charges

INTERNET A Halifax man is facing Internet luring charges as a result of a week-long investigation by Halifax Regional Police and the RCMP.

Edgar Troy Barrington, 33, was arrested without incident Tuesday night at an apartment in the 5400 block of Inglis Street in Halifax. He was later released and is to appear in provincial court on Nov. 17 on charges of luring a child under the age of 16 by computer for a sexual purpose.

Police say the child was actually an undercover police officer and dialogue between the two took place online.

Conditions of Barrington's release include restriction of his computer use and his contact with children.

THE CANADIAN PRESS

News on the Move

**What's this
barcode for?**

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Style pg 18

**Messy
hair
back
in style**



Comment pg 11

**Dealing
with
the
turkey
dump**



On the web

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Celebration Honouring people with the Order of Nova Scotia



Cynthia Baker, from left, Mel Boutillier and John Duckworth applaud during the 2009 Order of Nova Scotia ceremony at Province House yesterday. Baker's husband — former Cabinet minister Michael Baker, and Duckworth's mother — social justice advocate Muriel Duckworth, were honoured posthumously while Boutillier was recognized for his years of service to the community with the Parker Street Food and Furniture Bank and now the Community Care Network. Story, page 4.

NDP seeks to force pandemic plans

Province wants essential services ready for emergency

Flu Outbreak

PAUL MCLEOD
paul.mcleod@metronews.ca

The province is moving to give itself the power to demand pandemic plans from independent businesses.

Under legislation to be introduced today, the government will be able to require pandemic preparedness plans from organizations such as Nova Scotia Power, gas companies, grocery stores and universities.

It stems from a summer report by Auditor General Jacques Lapointe that rec-

ommended the province call for plans from outside groups. But yesterday at a public accounts meeting, Emergency Measures Organization management said they had neither the staff nor the expertise to evaluate the plans of companies like NSP.

But NDP MLA Leonard Preyra initially told reporters after the meeting the NDP was looking at enacting a law to require the plans anyway.

"I think anyone who provides an essential service to the public — Nova Scotia Power, the grocery stores, public transit — should provide their emergency preparedness plan,"

Preyra said. "As I understand it legislation is imminent that would in fact address that issue."

He later backtracked and Premier Darrell Dexter had to clarify that the law would allow the government to demand the plans but they haven't decided whether they would actually call for them.

Dexter agreed with EMO officials that there isn't currently enough staff to critique pandemic plans of outside agencies. But he said the law is a good move to make sure all stakeholders will be able to continue essential services in

times of crisis.

He said many companies already have pandemic plans in place and the government would consult with industry before hammering down the details of who would need to submit what.

"We have talked to many of the private sector companies already," Dexter said. "We've asked them if they have continuity plans. Many of them have said that's already the case."

"We're not going to be in the business of making just demands without understanding what burden is going to be associated with that and what usefulness will be associated with those requirements."

Church faces sex abuse lawsuit

ANTAGONISH A Nova Scotia man has filed a lawsuit against two Roman Catholic districts alleging years of sexual abuse suffered at the hands of a pastor linked to the same diocese at the centre of an historic settlement for victims who made allegations of sexual assault.

In a statement of claim filed with the Nova Scotia Supreme Court yesterday, Philip Latimer alleges he was sexually molested by Rev. Allan MacDonald for four years when he was a pastor in the small community of Havre Boucher.

The lawsuit names as defendants the archdiocese of Halifax and the diocese of Antigonish, the same district at the centre of the landmark sexual abuse settlement negotiated by Bishop Raymond Lahey, who is facing child pornography charges in Ottawa.

The alleged abuse started when Latimer was 11 years old and serving as an altar boy in the staunchly Catholic diocese of Antigonish, which until recently was overseen by Bishop Raymond Lahey who was charged last month with importing and possessing child pornography in Ontario.

The 22-page claim details the abuse allegedly suffered by Latimer as a boy at the hands of MacDonald, who has since died but was described in the court document as "well-known and highly trusted" in the area.

Aaron Leales, Latimer's lawyer, said his client is opting out of the \$15-million class-action settlement announced in August because he wants more information on what the church knew at the time of the alleged abuse and if it failed to act on that knowledge.

THE CANADIAN PRESS



Local



Symphony goes all-out for production

Symphony Nova Scotia takes the stage tonight at the Rebecca Cohn Auditorium to perform Felix Mendelssohn's complete *A Midsummer Night's Dream* at 7:30 p.m. This marks the first time the symphony — under the direction of conductor Bernhard Gueller — has performed the full version of this piece written in two installments. The show will include narration by local actress Margot Dionne, and performances by Dalhousie University sopranos Jillian Bonnar and Katrina Westin, members of the Halifax Camerata Singers, and the Symphony Nova Scotia Chorus. Tickets are \$29-\$49. METRO HALIFAX



Bomb threat on ferry a false alarm

NEWFOUNDLAND The all-clear was given yesterday for a Marine Atlantic ferry that received a bomb threat in Newfoundland.

The Atlantic Vision was docked in Port aux Basques and preparing to set sail for North Sydney when the threat in the form of a letter was found in a washroom. RCMP Sgt. Wayne Newell says the letter indicated a bomb would go off at 3 p.m. He says the ferry was evacuated and searched and no bomb was found. THE CANADIAN PRESS

Sale a conflict of interest?

Man who received Fisheries grant bought minister's assets

PAUL MCLEOD
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Opposition parties united to accuse Fisheries Minister Sterling Belliveau of a conflict of interest yesterday, while the NDP says it's nothing more than a cheap smear campaign.

At issue is the close to \$600,000 sale of Belliveau's boat, gear and lobster licence. The fisherman who bought them from him received a grant from the Fisheries and Aquaculture Loan Board.

"(Belliveau) received from the Fisheries and Aquaculture Loan Board, which he oversees, over \$600,000 of taxpayers' money. We want

to know how much he had to do with it," said Liberal Leader Stephen McNeil.

But the NDP says Belliveau, a 38-year fishing veteran, did nothing wrong. Belliveau sent a letter to conflict of interest commissioner Merlin Nunn on June 22, the first business day after he was appointed fisheries minister, asking whether there was a conflict.

Nunn wrote back advising Belliveau not to get involved in any way with the grant application. Nunn told him to delegate all decision-making in the matter to someone else.

Belliveau said he deferred the matter to his deputy minister. The opposition



Sterling Belliveau

ter should have removed the board completely from Belliveau's control.

The NDP says there's no evidence of wrongdoing and the sale never even went before the deputy minister (a minister would typically only become involved if a sale is over \$1 million.)

"I'm completely satisfied," Dexter said. "I know

right from the beginning the minister made every effort that he could to ensure that due process was followed. He, I think, has been very forthright about this; he disclosed all these things very early on."

Two of the board members who approved the loan were appointed by Belliveau. Dexter said they were just routine reappointments.

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New Online

Family matters

Everyone hates lawyers — until they need one for a divorce, says our new family law columnist Brahm Siegel. He makes his case for taking legal advice at metronews.ca/familymatters

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WHAT'S ONLINE TODAY

Video

Ontario government "should have known" about scandal at eHealth, McGuinty says, at metronews.ca/canada

Lotteries

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Decision on blood facility final: CEO

CLOSURE The New Brunswick government needs to stop fighting the closure of a blood-production facility in Saint John and allow the national reorganization of the system to continue, the head of Canadian Blood Services said yesterday.

"The decision to consolidate the facility from Saint John to Dartmouth is a concluded decision," said Dr. Graham Sher, the agency's CEO, in a phone interview.

The blood-services agency is reorganizing the national blood-collection and distribution system and last year announced plans to close the Saint John facility in favour of a new regional centre in Dartmouth by 2011.

THE CANADIAN PRESS

United Way Showing their care



Jeff Cyr, left, and Patrice Dumas shield Corey Foreman from the rain as he sands a cabinet outside Veith House yesterday. Dozens of Department of National Defence employees marked the United Way's Day of Caring yesterday by completing various projects for non-profit agencies around town.

Sport body defends NSGC ad campaign

ATHLETES Sport Nova Scotia is responding to criticism surrounding a Nova Scotia Gaming Corporation media campaign featuring young provincial athletes.

GameOverVLTs.com Tuesday called for the resignation of the corporation's executives over the Support 4 Sport campaign. The NSGC has been running a series of advertisements profiling athletes who have received funds for training from gaming revenues.

According to GameOverVLTs.com director Terry Fulmer, the NSGC has been "using underage and youth athletes to promote gambling."

But Jamie Ferguson, CEO of Sport Nova Scotia, said in a release yesterday the campaign celebrates sport and good corporate citizenship, not gambling.

"We think Nova Scotians are seeing where some of the revenues generated by the Nova Scotia Gaming Corporation are going, and we believe Nova Scotians are pleased to see them supporting vital community programs such as sport," Ferguson said.

Fulmer remained unconvinced. He quoted an NSGC radio ad yesterday, which he said features a young athlete saying she was inspired by the gaming corporation and the Support 4 Sport campaign.

Robyn McIsaac, vice-president of public affairs with the NSGC, said the athlete's words were not scripted, and were meant to highlight the program, not the corporation.

ALEX BOULIER/FOR METRO HALIFAX

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The provincial government says testing of water from two rivers in Cape Breton shows no toxins are present. The Environment Department says algae has dropped to acceptable levels in the Southwest Margaree and Margaree rivers. The department had earlier issued advisories about an algae bloom, as a precaution. **THE CANADIAN PRESS**

Injury prevention campaign kicks off

ALEX BOUTILIER
for Metro Halifax



The Be Visible, Be Certified campaign, a collaborative effort between several Canadian injury prevention organizations, had its national launch at Grand Parade in Halifax yesterday.

The campaign encourages people to wear proper reflective gear while walking and cycling. But Ismael

"If they're wearing a helmet it's a good example to other people."

Ismael Aquino, Safe Communities HRM

Aquino, co-chair of Safe Communities HRM, said the campaign is also about setting an example.

"The Being Visible campaign is about people be-

ing visible in the community, wearing their gear so they can be seen," Aquino explained. "But also to show other people examples, like if they're wearing a helmet it's a good example to other people."

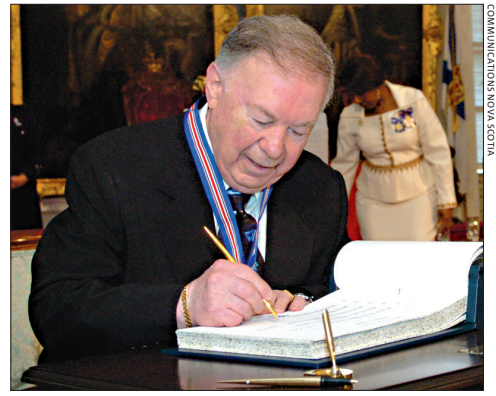
Aquino said the campaign will also put emphasis on first aid and CPR training.

"If (people) are certified in first-aid training, it reduces their personal injury by about 40 per cent," he

said. "But it also means that if something happens, they're able to respond and prevent that injury from getting worse."

Several students from Sir John A. Macdonald High School were in attendance at the event, and will soon begin training to get their first aid certification.

According to Aquino, the students will be the first in Canada to be certified under this new campaign.



Bedford's Philip Riteman is invested into the Order of Nova Scotia during a ceremony at Province House yesterday. Riteman has dedicated the past 20 years of his life to educating Nova Scotia's youth about the Holocaust.

Five awarded Order of N.S.

PAUL MCLEOD
paul.mcleod@metronews.ca



A politician, a peace activist, a Holocaust survivor, a Mi'kmaq leader and a food bank pioneer were the five newest recipients of the Order of Nova Scotia yesterday.

The award recognizes invaluable contributions to society.

"It's a wonderful feeling," said Halifax's Mel Boutilier, who operates the Parker Street Food Bank. "First it's a shock, then it sinks in that it's such an honour."

Boutilier was named one of the five Order recipients out of 79 nominees for his years working to feed the poor.

"I normally think people who receive these honours are people who are great writers or poets or scientists, something in those fields," he said after a ceremony yesterday at Province House.

"But when somebody like myself, who came from a very poor family, worked hard as a kid and became involved in community work helping other people, to think that the work I do is noticed makes it for me a special honour."

Two of the recipients sadly weren't around to receive their awards. Famed peace activist Muriel Duckworth of Halifax died this year at the age of 100. In a speech Premier Darrell Dexter called her "our very own champion of the international peace movement."

Michael Baker was a longtime Tory MLA and cabinet member. He passed away last spring while serving as finance minister.

He received wide praise from all parties for continuing in his job despite fighting cancer. Premier Darrell Dexter's voice wavered when speaking of his friend who he knew since university.

Philip Riteman of Bedford is a Holocaust survivor originally from Poland who has for years shared his story of living in the Auschwitz concentration camp with others, especially young people.

Viola Robinson of Truro served as president of the Native Council of Nova Scotia for 15 years and then as president of the Native Council of Canada. She was lauded for her work to end discrimination against Mi'kmaq people.

Loan boosts wood pellet maker

ENLIGNA A Nova Scotia wood pellet manufacturer is expanding its production capacity with the help of a loan.

Enligna Canada of Upper Musquodoboit is getting a \$2.4-million term loan from Nova Scotia Business Inc.

Headquartered in Germany, Enligna's Canadian operations are the fourth-largest producer of wood

pellets in the country.

The company uses sawmill and chipping waste, along with other wood byproducts, to make its wood pellets.

Enligna Canada president Fraser Gray says the loan will help buy new machinery needed to meet international demand for pellets.

Enligna employs 58 people. **THE CANADIAN PRESS**

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N.S. schools walk the walk

Over 100 schools across the province will honour October's International Walk to School Month by getting parents and students to walk to school if they normally go by car. Several schools in HRM are on this list, including Bedford's Basinview Drive and Halifax's Saint Mary's Elementary, which took part yesterday. **METRO HALIFAX**

Inside the field of farming

Maritime Fall Fair gives a peek into province's agriculture

ALEX BOUTILIER
for Metro Halifax

Beyond the bull riding, horse racing, and the ever-popular midway, emphasis will be put on agricultural education at this year's Maritime Fall Fair.

"It's an important time to learn more about the agricultural industry in Nova Scotia," said Grant MacDonald, general manager of major events with Trade Centre Limited, at a press conference yesterday at Exhibition Park.

"And this is an important platform for us to be able to do that ... this year's fair, as it always is, is about bringing agricultural awareness to an urban audience."

MacDonald said the fair, in conjunction with the Department of Agriculture, will look to highlight local produce.

"We want to make sure that Nova Scotians clearly understand ... the importance of the agricultural industry here in Nova Scotia," he said.

Agricultural Minister John MacDonald said not only is it important for Nova Scotians to buy local, but to ensure that farmers are adequately compensated.

"Seeing that farmers get the price they need for what they produce is a big part of it," he said. "They have to make a living if we're going to have sustainability in agriculture."

MacDonald also showed his commitment to agricultural education, giving collected media a detailed lesson in raising sheep. Together with one of his constituents' sheep, Coffee, he outlined the various characteristics judges look for in competitions.



Agriculture Minister John MacDonald looks over a sheep named Coffee during a Maritime Fall Fair press conference at Exhibition Park yesterday. The fair begins today and runs until Monday.

"This year's fair, as it always is, is about bringing agricultural awareness to an urban audience."

Grant MacDonald

Afterwards, MacDonald thanked the minister, noting that he now knew more about sheep than ever before.

The fair, which runs from today through Monday at Exhibition Park, will

feature new events, such as the Extreme Rodeo Championship Series and the LIVERight Cup show jumping competition, sponsored by the Canadian Liver Foundation.

Old favourites, such as a dog show, petting zoo, midway attractions, and livestock competitions will also be taking place throughout the Thanksgiving Day weekend.

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Suspect in standoff sent for mental tests amid list of charges

TRURO A Stewiacke-area man arrested Tuesday following a lengthy standoff with the RCMP has been sent to Dartmouth for a mental health assessment.

Clifford Carl Brown, 44, of 85 Jameson Rd., appeared briefly in provincial court in Truro yesterday afternoon.

Unshaven with short-cropped white hair and clad in a set of white, disposable coveralls, he sat calmly through the brief hearing.

Brown was arrested shortly before 6 p.m. Tuesday after holding police at bay for about a day and a half from or near his small,

"We believed that we still had the perimeter secured at that time."

RCMP Cpl. Joe Taplin, on why suspect was able to flee

12-gauge shotgun, carrying a .44 caliber handgun for a dangerous purpose, carrying a concealed weapon (the handgun), threatening to cause the death of Stephn Innocente, assault by use of the shotgun, mischief by causing damage to a 2000 GMC truck, mischief by causing damage in excess of \$5,000 to a police robot and mischief by damaging a police cellphone.

Brown is to return to court at 1:30 p.m. Tuesday following a five-day assessment at the East Coast Forensic Hospital to determine whether he is mentally fit to be criminal responsible for his alleged actions.

As well yesterday, police were answering how the suspect could escape their secure area undetected during the day Tuesday.

Police stated yesterday he was allowed to flee into the woods, rather than be taken by force, because they believed he could not escape their secured area undetected, a spokesman says.

"We believed that we still had the perimeter secured at that time," explained RCMP Cpl. Joe Taplin said.

The Lanesville man was arrested shortly before 6 p.m. Tuesday when he made his way out of the woods onto Stewiacke Road and surrendered to patrolling officers.

TRURO DAILY NEWS

News in brief

DRUGS Two men are facing drug charges after Halifax Regional Police say the search of separate vehicles resulted in a marijuana, cash and drug paraphernalia being found. Police say they noticed four people with two vehicles "acting suspiciously" in the parking lot at 1475 Bedford Hwy. around 1 a.m. A search of the vehicle, police say, turned up the drugs and cash. A 19-year-old man is facing charges of possession for the purpose of trafficking while a 21-year-old man is charged with possession. Both will appear in court at a later date. The other two men in the parking lot weren't charged.

METRO HALIFAX

PLANE CRASH The probe into last weekend's fatal plane crash at Slemmon Park in Summerside, P.E.I. is now closed. Last Saturday, Tom Capstick's single-engine home-built plane crashed in a field less than a kilometre from the runway at the Summerside airport. Capstick, 70, died on impact. Two investigators from the Transportation Safety Board ruled engine failure as the cause of the accident and see no need for further investigation, said TSB spokesperson John Cottreau. "The investigators gathered enough information to determine they weren't going to investigate any further."

CHARLOTTETOWN GUARDIAN

Man charged with swiping duds from Mark's Work Wearhouse

THEFT A 35-year-old Dartmouth man was to appear in provincial court yesterday facing several charges including theft and uttering threats after Halifax Regional Police were called to Mark's Work Wearhouse on Chain Lake Drive around 8 p.m. Tuesday.

A man left the store carrying "an armful of merchandise that he did not pay for," a

police news release said, with a staff member then chasing him until the suspect allegedly threatened him.

Police say the male then took off into the woods and a police K-9 unit was needed to track him down hiding nearby.

The 35-year-old is also facing charges of possession of stolen property and breaching conditions.

METRO HALIFAX

idence. He faces two charges of careless use of a

Police search for suspect nets grow-op discovery

BUST Colchester County RCMP say they netted an unexpected find Tuesday while searching for a man accused in connection with an armed standoff with police.

According to the RCMP, members found a hydroponic grow operation while conducting door-to-door checks as part of a ground search for Clifford Carl Brown, 44, of Lanesville. Police allege Brown fled into the woods

after a day-long standoff with police near Stewiacke.

Yesterday, RCMP returned with a search warrant to the residence and seized grow equipment, a bag of ecstasy, and 1.5 pounds of marijuana. Police also seized a revolver, two rifles and a substantial quantity of ammunition.

The name of the accused has not been released pending charges.

METRO HALIFAX

Canada



Paper bailout gets support: Poll

A slim majority of Canadians would support a government bailout of the newspaper industry, a new poll suggests. The Canadian Press Harris-Decima survey — conducted before one of Canada's biggest media conglomerates received partial bankruptcy protection this week — also found that 87 per cent of respondents believe newspapers play an important role in the news media.

THE CANADIAN PRESS

News in brief

LOBBY Middle Eastern garments designed to cover a woman's face are "medieval" and "misogynist" symbols of extremism with no basis in Islam, a Canadian Muslim lobby group said yesterday as it urged Ottawa to ban the burka and the niqab.

AUDIT A new audit of Cancer Care Ontario shows the agency suffered from many of the same problems that plagued troubled eHealth Ontario. Newly released documents show that Cancer Care spent nearly \$75 million on consultants over the last two years but didn't always follow the rules on competitive tendering.

BORDER People would have gotten a real charge out of a recent shipment of mobile phones from China. Canada Border Services Agency says officers found a shipment of stun guns disguised as cellphones when they examined a package.

THE CANADIAN PRESS

Montreal Workers unite



Montreal blue-collar workers are joined by public workers from across the country during a demonstration yesterday in Old Montreal. The workers were joined by union members across the country in support of better municipal services.

Scientists decode breast cancer DNA

Canadian study offers hope for medical mystery

In a world first, Canadian scientists have decoded all three billion letters of DNA in a breast cancer tumour and identified the mutations that caused the cancer to spread.

The landmark study by researchers at the B.C. Cancer Agency is a major step towards unravelling the mysteries of how cancer begins and what makes it move to other parts of the body.

"I never thought I would see it in my lifetime," co-principal investigator Dr. Samuel Aparicio, head of the agency's breast cancer research program, said of the ability to decode the

breast tumour's DNA.

Aparicio said the DNA-mapping should help researchers develop new breast cancer treatments based on the genetic make-up of both primary and metastatic tumours.

The B.C. team sequenced the genome of a patient's original breast tumour and one that arose in her pleural cavity (between the lungs and chest wall) nine years later. When the researchers looked at DNA in cells from the tumours, they were able to tease out 32 mutations among the three billion-letter alphabet of the genome. Only five of the mutations were

present in the original tumour. "And there were 19 of the mutations that we just didn't see (in the original tumour)," said Aparicio. "So what that told us was the tumour had evolved considerably from the primary to the eventual metastasis nine years later."

THE CANADIAN PRESS

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AU student Kathy in Brussels, Ontario, Canada

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Iggy chooses Garneau as Quebec point man

Former astronaut Marc Garneau, a Montreal MP, is Michael Ignatieff's new point man in Quebec. THE CANADIAN PRESS

canada 7

Why the Internet can trap talkers

Many unaware comments a danger: Survey

TRACEY TONG
Metro Canada

A new survey released yesterday shows that while online conversing is booming in Canada, more than a quarter of people believe they aren't legally accountable for their online comments.

Twenty-seven per cent told a TD Insurance poll they believe they aren't legally accountable for their comments on blogs, message boards and social networking sites like Twitter and Facebook.

An alarming number of people are ignorant of the responsibility and legal liability, said Klaus Pohle, a professor of journalism specializing in media law at Carleton University.

These problems are fairly new, said Pohle.

"It used to be that pub-

"If you're a blogger, or use Twitter or Facebook, you're a publisher, and when you're a publisher you're liable."

Klaus Pohle, media law specialist

lishers were people who published newspapers or broadcast on TV," he said.

"If you're a blogger, or use Twitter or Facebook, you're a publisher, and when you're a publisher, you're liable."

The survey, conducted by Angus Reid Strategies last month, showed that 67 per cent of Canadians have posted comments online and 18 per cent regretted what they posted.

While 89 per cent of 18 to 34-year-olds have posted comments online, 48 per cent of adults 55 and over have also posted.

Fifty-three per cent shared their opinions

about an experience, 52 per cent weighed in with thoughts on an article or online entry, 23 per cent vented frustration about a company or product and five per cent discussed their jobs or employers.

"Most people approach online commenting as though they were chatting in person, completely unaware of the risks," said Henry Blumenthal of TD Insurance.

"A good rule of thumb when you're posting online is to ask yourself, how would I feel if this was printed in the newspaper with my name next to it?"



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Ecuador...12.9¢	Honduras...15.9¢
El Salvador...9.9¢	Iraq...4.9¢
Jamaica...8.9¢	Israel...2.9¢
Jordan...3.9¢	Italy...2.9¢
Kenya...6.9¢	Russia...2.9¢
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NASA says the chances of a 270-metre-long asteroid striking Earth in 2036 have been downgraded. Scientists initially believed there was a one-in-45,000 chance that Apophis could hit the planet on April 13, 2036. But NASA said yesterday the threat has been dropped to one-in-250,000 after it recalculated the asteroid's path. **THE ASSOCIATED PRESS**

World



Astronaut love triangle takes turn

Attorneys for a former astronaut will get another chance to question a romantic rival she allegedly drove 1,600 kilometres to confront. Lisa Nowak, left, is accused of attacking Colleen Shipman in a Florida airport parking lot two years ago. Shipman had begun dating Nowak's love interest, former space shuttle pilot Bill Oefelein. An Orlando judge ruled yesterday that Nowak's attorneys could depose Shipman for a second time to determine if she was actually touched by pepper spray during the confrontation. **THE ASSOCIATED PRESS**

Kiss and tell earns 5 years, 1,000 lashes

SENTENCE A Saudi court yesterday convicted a man for publicly talking about sex after he bragged on a TV talk show about his exploits, sentencing him to five years in jail and 1,000 lashes, his lawyer said. Talking about sex publicly is a taboo in ultraconservative Saudi Arabia. The program, which aired July 15 in Saudi Arabia, scandalized the country where such frank talk is rarely heard in public. Some 200 people filed legal complaints against Mazen Abdul-Jawad. The program, Bold Red Line, began with Abdul-Jawad describing the first time he had sex at 14. He then led viewers into his bedroom, dominated by red accessories, and then showed off blurred sex toys. He was later joined by three male friends for a discussion on what turns them on. **THE ASSOCIATED PRESS**

Palin's popularity haunting Republicans

She's poised to become a best-selling author in the U.S., has a devoted base of conservative supporters and is considered a front-runner to lead the Republicans into the next election in 2012 — and yet key party strategists are tormented by the popularity of Sarah Palin.

"Were she to be the nominee, we could have a catastrophic election," Steve Schmidt, John McCain's presidential campaign manager last year, said recently.

He was backed by Mike Murphy, a Republican media consultant who also made a point of chastising Schmidt for his role in Palin's rise to prominence to begin with. "Steve

Canadian selling Palin-signed Xbox

Palin's star quality is undisputed — a Canadian is so confident of her popularity that he's selling an Xbox 360 autographed by her for \$1.1 million US on eBay. Albertan David

Schmidt correct about Sarah Palin and '12," Murphy said by way of his Twitter feed. "Shame he didn't feel same way a year ago when he was lobbying McCain to choose her as VP."

Yet from her unlikely pulpit — Facebook — Palin is getting her message out on everything from U.S. health-care reform to energy while assailing President Barack Obama for his position on Afghanistan. Many

Morrill's listing features photos of Palin signing the gaming console in July, two days before her surprise announcement that she was stepping down as Alaska's governor.

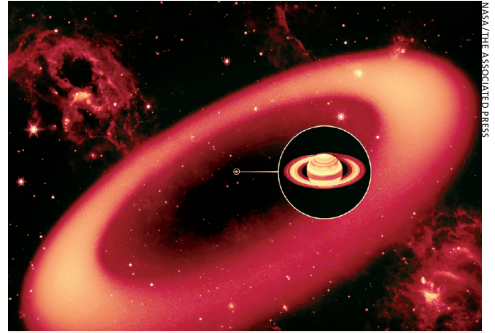
of her 900,000-plus friends on the social networking site are cheering her every word. **THE CANADIAN PRESS**

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Saturn Another, bigger ring



This rendering from NASA shows the biggest but never-before-seen ring around Saturn, spotted by NASA's Spitzer Space Telescope. The inset shows an enlarged image of Saturn. The bulk of the ring starts about six million kilometres away from the planet and extends outward another 12 million kilometres.

News in brief

ITALY Prime Minister Silvio Berlusconi says he will not resign even though a top Italian court has overturned an immu-

nity law shielding him from a corruption trial. The ruling paves the way for proceedings to resume. **THE ASSOCIATED PRESS**

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School cellphone ban sought in France

France's Senate wants to forbid children in primary and middle schools from using cellphones, amending a sweeping environment bill to include such a ban. The measure would ban pupils up through about age 14 from using cellphones in school. **THE ASSOCIATED PRESS**

Afghanistan **The plight of children**

Zubaida, an Afghan girl, holds her sister in Jalalabad, Afghanistan, yesterday. Eight years after the fall of the Taliban, most Afghan children still don't attend school and face the prospect of a life of poverty no different from their parents.

Scuba murder trial opens

Rhode Island man accused of killing wife in Caribbean

A prosecutor opened the trial of a Rhode Island man yesterday by accusing him of killing his wife while scuba diving in the British Virgin Islands to pursue a romance with another woman.

The director of public prosecutions in this British territory, Terrence Williams, said that David Swain knew a divorce would ruin him financially and he believed money from his

Civil suit

• In the civil suit, Shelly Tyre's parents accused her husband David Swain of killing their daughter because he was ro-

maning another woman and because the couple's prenuptial agreement denied him money if they divorced.

wife's life insurance policy would help him win over his love interest.

"That dive was for this new woman," Williams told the nine-person jury. The 1999

drowning of Shelley Tyre, 46, was initially ruled an accident. But authorities in the British Virgin Islands later charged Swain with murder after a 2006 Rhode Island civil trial found him responsible. Federal U.S. agents arrested Swain at his Rhode Island dive shop in November 2007 and he was extradited to Torto-

la. Swain maintains his innocence and his defence lawyer has said they will show the drowning was a "tragic accident."

Williams said the evidence suggests Tyre's dive gear was forced off in a struggle underwater. He said a strap was broken on her mask and the mouthpiece was detached from her snorkel, suggesting the use of "great force."

Once her body surfaced, Williams said, Swain performed CPR only momentarily.

Swain, 53, faces a maximum sentence of life in prison if convicted.

THE ASSOCIATED PRESS

Credit card scam earned \$10K day

FRAUD A crime ring raked in about \$10,000 a day by manufacturing credit cards with numbers purchased illegally from overseas websites, committing mortgage fraud and staging car accidents and auto thefts to collect insurance payouts, prosecutors said yesterday.

Thirteen people were indicted on 261 counts including enterprise corruption, identity theft, real estate fraud, credit card fraud and conspiracy to commit automobile insurance fraud, prosecutors said.

Between 2004 and 2008, the ring bought credit card numbers from Russian and Ukrainian websites, manufactured fake credit cards at sites throughout Brooklyn referred to as "labs," and then gave the cards to hired "shoppers" to purchase goods, which were later sold or used to furnish homes that had been pur-

chased illegally, prosecutors said.

Merchandise from stores such as Lowe's and Home Depot was installed in homes, which would be reappraised at higher values and the mortgages refinanced, prosecutors said. Another facet of the scheme involved faking sales of the homes.

In a separate scheme, the group is accused of filing false claims on luxury cars by staging wrecks and accidents, and by replacing undamaged interior parts with damaged ones, and then reporting to police that the cars had been vandalized, prosecutors said. The group would file claims with insurance com-

panies to have the parts replaced.

THE ASSOCIATED PRESS

Cellphone use soars to 4.6B**PHONES**

Cellphone subscriptions around the world are expected to reach 4.6 billion this year and will likely continue to grow rapidly, says a United Nations report, CBC News Online reported.

According to the International Telecommunications Union, a UN

agency, the cellphone market continues to expand unabated, with subscriptions for mobile broadband services topping 600 million in 2009, outstripping fixed broadband by 100 million.

In Canada, there were just under 18.8 million cellphones in use, putting Canada at 38th in the world, behind such countries as Morocco, Poland and Australia, according to 2006 figures.

"Information and communications technology is vital within developing countries to ensure that ordinary people can fully participate in the knowledge economy of the 21st century," ITU secretary general Hamadoun Touré, said in a statement.

METRO NEWS SERVICES

Indictment in Craigslist killing

RHODE ISLAND A former Boston University medical student accused of killing a masseuse he met through Craigslist has been indicted on charges that he assaulted a stripper in Rhode Island.

A county grand jury on Tuesday indicted Philip Markoff on charges of assault with a dangerous weapon and assault with intent to commit robbery.

Markoff has pleaded not guilty to killing New York City's Julissa Brisman at a Boston hotel on April 14.

THE ASSOCIATED PRESS

Big dinosaur foot prints found

FRANCE Now that's one big foot.

Paleontologists in eastern France have reported the discovery of some of the largest dinosaur footprints ever documented, measuring about 1.4 metres to 1.5 metres in diameter.

The site of the find, high in the Jura mountains, was once a literal sauropod stomping ground: So far, 20 prints scattered on a 10-hectare site have been uncovered, paleontologist Jean-Michel Mazin of France's National Center

Jura mountains

• The Jura mountains gave the Jurassic period their name because rocks from the period were found there. Back then, the area resembled the Bahamas, all water and islands.

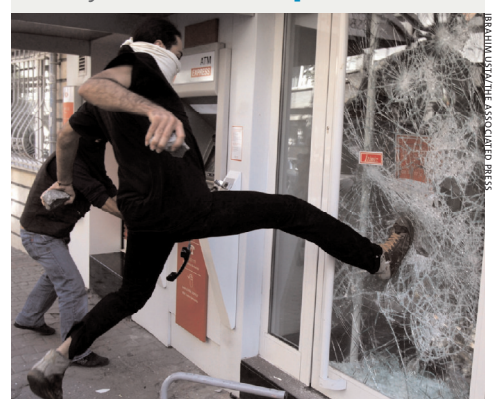
of Scientific Research told The Associated Press yesterday.

Researchers believe there are hundreds, or even thousands, more still hidden, Mazin said.

The well-preserved foot-

prints from the Late Jurassic period will help scientists learn more about sauropods, long-necked plant eaters that were giants among the dinosaurs. The hulking beasts who left their footprints in the mud 150 million years ago weighed 30 to 40 metric tons and were more than 25 metres long, the French research centre said.

From the prints, "we can calculate their size and speed, find out about their behaviour and learn how they got around," said Mazin. **THE ASSOCIATED PRESS**

Turkey World Bank protests

A masked man attacks the office of a foreign bank as demonstrators roam the streets of Istanbul, Turkey, protesting against the International Monetary Fund and World Bank who are holding an annual meeting in the city yesterday.

Her mother's dying wish ...

A Florida woman says she's fulfilling a promise she never thought she'd have to keep.

She's raising nine special-needs children adopted by her parents — who were shot to death in their home in July.

On the Oprah Winfrey Show, Ashley Markham told of the fears of her mother before she died.

"She would talk about it to us, 'If something were to happen, make sure my babies are taken care of,'" Markham said.

Markham said her parents, Byrd and Melanie Billings, travelled a lot, and her mother asked that the children be kept together, not placed in foster care.

"I told her, 'You don't ever have to worry.'"

Markham allowed the show's cameras into the home west of Pensacola, Fla., where her parents were killed and where she and her husband now raise the children.

Markham and the chil-

"Some mean guys shot them."

Young boy on deaths of his parents

dren — who have special needs ranging from Down's syndrome to autism to fetal alcohol syndrome — talked briefly about the shootings.

"I can only imagine what they were thinking and what they saw," Markham said.

At least one of the children heard shots.

"I thought it was my dad yelling at the dog for eating a shoe or something," Adrianna said.

A boy said of his parents' death: "Some mean guys shot them."

Authorities say interviews have revealed a complex web involving suspects and their ties to Byrd Billings, his used car financing business, drugs and the Mexican underworld. **THE ASSOCIATED PRESS**

Irving Penn dies **The maestro, plying his trade**



In this undated image, photographer Irving Penn is shown at a photo shoot with a New Guinea mud man and a child. Penn, whose photographs revealed a taste for stark simplicity whether he was shooting celebrity portraits, fashion, still life or remote places of the world, died yesterday at his Manhattan home. He was 92.

Moldovan admits human trafficking

CRIME A Moldovan, one of 12 people charged in a massive racketeering scheme, pleaded guilty yesterday in a Kansas City court to forced labour trafficking.

Alexandru Frumusache admitted he aided and abetted an operation in which foreigners were provided with temporary work visas then fanned out to housekeeping jobs in 14 states.

"Everybody wants to come to America," his court-appointed lawyer, Tony Miller, said outside court. **THE ASSOCIATED PRESS**

News in brief

CRIME The former dean of an exclusive boarding school has been charged with sexually assaulting a fourth student. Robert Reinhardt, 44, fired from The Gunnery school in Washington, Conn., in June, is charged with assaults on three others. **THE ASSOCIATED PRESS**

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Comment

Give thanks for getting dumped

Relating

Sofi Papamarko

metronews.ca/papamarko

You've only just begun university, but you're already a superstar. You've gotten the hang of classes, joined intramural basketball and made new friends. Your roommate is awesome. Your long-distance relationship is going well. University life is just a big fluffy cakewalk with

vanilla frosting and a million cherries on top.

Until you head home for Thanksgiving. "Listen," he says. "We need to talk."

It's called the Turkey Dump. Like the delicious fowl for which it is named, the Turkey Dump is a clumsy and vicious beast. And you are now among its casualties. Once upon a time, high school sweethearts married as a matter of course. This has since become something of an anomaly; only the strongest of high school relationships can withstand post-secondary education. Let's face it: colleges and universities are essentially alcohol-fu-

elled sex buffets. Lectures and assignments fit in there someplace, sure, but for the most part, you've got a small geographical area crammed with thousands of open-minded young people who have recently acquired a taste for freedom. And tequila.

Not to suggest that campus life is a modern-day version of Sodom and Gomorrah. Post-secondary students are generally intelligent and responsible — that's how they got there in the first place. It's just that they're surrounded by a lot of eye candy. A lot of beer. A lot of flirting. And if they are in a relationship, a lot of temptation. (Nobody brings a sandwich to a buffet.)

"Attending university is a developmental transition," says Dita Everett, clinical psychologist at the University of Toronto. "It is a period of greater autonomy both academically and socially, and such autonomy invites an exploration

of identity.

Many have argued that we only come to know ourselves through our relationships with others, and this is a time for experimenting in that arena."

Everett encourages students who are having difficulty dealing with the end of a relationship to make full use of the resources available to them.

"(It's) important to normalize and to anticipate the kind of emotions that students often feel in the aftermath of a break-up," Everett says.

"Supporting and exploring such feelings through counselling is an entirely

On the web

For more views on relating, go to Love Bytes at metronews.ca/blogs

appropriate use of a university counselling service."

Maybe the dreaded Turkey Dump is a blessing in disguise.

It gives the freshly single student the opportunity to focus on their studies, get to know new people and learn about themselves.

And that's what higher education is all about.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.

Views

Finding role models off the beaten path



Melinda Mattos

Broad Minded

Growing up feminist comes with its own unexpected challenges.

My parents raised me in a bedroom wallpapered with "Girls Can Do Anything" posters, never daydreaming aloud about my wedding or future grandkids. Being smart always trumped being pretty, and they weren't the least bit fazed when I grew up to be a hard-drinking, foul-mouthed journalist.

But as my 20s roll to an end and I watch yet another one of my friends get married, I have to admit I'm freaking out about my future.

I have more opportunities available to me than my mother or grandmother did, and I'm thankful for the hell-raising my feminist forebears did to provide this, but some days it feels like I'm idling in front of 800 on-ramps, all headed in different directions.

Without the guaranteed personal landmarks of past generations — you meet a nice man, you get married, you have children — it's easy to feel lost and overwhelmed by choices. While I wouldn't trade my personal freedoms for a cookie-cutter future, I'd kill for a better sense of direction.

A few weeks ago, the media was buzzing about a University of Pennsylvania study called "The Paradox

of Declining Female Happiness," which suggested that over the past 35 years, as women's opportunities have increased, their happiness level has decreased. If this study is accurate, it's likely because women are still expected to be the primary caregiver at home, nurturing a spouse, children and aging parents, while holding their own in the boardroom.

But what about those of us who are unmarried and childless and don't do it all? What's our excuse?

I think part of it is a lack of female mentorship. I had to laugh this weekend when I read Caitlin Moran's column in U.K. paper The Times, where she admitted she found more inspiration in bad-ass Courtney Love than she

did in any of history's great women. (Moran writes, "I needed a hero who'd repeatedly done incredibly embarrassing things, yet had signally failed to die of mortification.")

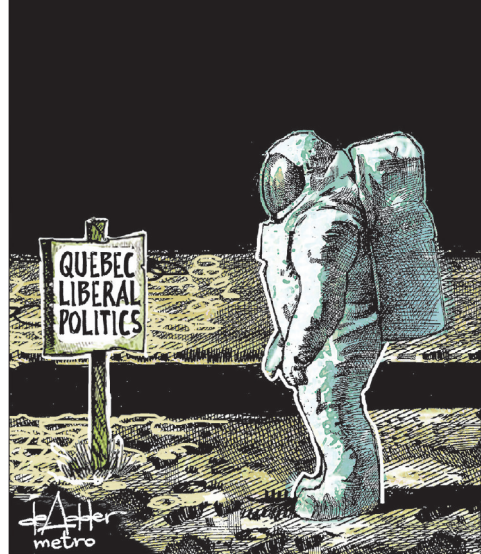
Though I wouldn't recommend Love as a role model, I do like the idea of connecting with women so far off the beaten path that they seem to have forgotten there ever was a path.

So I'm giving myself some homework: Find women who are blazing their own trails and let their successes, failures and adventures fuel my own.

I'll let you know how it goes.

Melinda Mattos is a Toronto-based writer, editor and co-founder of feminist teen magazine Shameless (www.shamelessmag.com).

MARC GARNEAU ENTERS ANOTHER HOSTILE ENVIRONMENT:



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Nissan's new electric car will be launched in Canada in 2011, beginning with British Columbia, the company announced Tuesday. The Leaf will be powered solely by electricity, but will have the performance of a V6 family car without the greenhouse gas emissions, according to the Japanese automaker. **THE CANADIAN PRESS**

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Bankers owe world an apology: HSBC

The chairman of banking group HSBC says bankers owe the world an apology.

Stephen K. Green, speaking in an interview with BBC television broadcast yesterday, said the world cannot do without banks, but that bankers need to learn the lessons of the financial crisis that has rocked the world's economy.

And the most important task for their directors, he said, is to promote a culture of ethics and integrity.

"I think the change in the public perception of the industry is entirely understandable. The banking industry has not covered itself in glory to say the least, and indeed the industry collectively owes

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the real world an apology for what has happened, and it also owes the real world a commitment to learn the lessons," he said.

Some of those lessons "are about governance and ethics and culture within the industry," said Green, who is also a Church of England priest.

"You can't do all this simply by setting rules and regulations, you have to expect the leadership in

the industry to nurture a real culture of ethics and integrity and that's actually a continuing priority, perhaps the greatest priority of all as far as I am concerned for the boards of banks," he added.

In an earlier role as head of HSBC's investment banking and markets operations, Green cancelled all bonuses in 2001 and 2002 during a stock market slump. A business that had not performed well for shareholders could not justify bonuses, he said at the time.

Some bankers and analysts left the company in protest, but Green was rewarded in 2003 with promotion to chief executive.

THE CANADIAN PRESS

Anheuser-Busch **Whale of a deal**



A killer whale and worker perform at SeaWorld in San Diego. Anheuser-Busch InBev SA, the world's largest brewer, yesterday said it will raise \$2.7 billion by selling its U.S. theme parks, including SeaWorld, to the Blackstone Group. The Belgium-based brewer is shedding assets to pay for the \$52-billion takeover of Anheuser-Busch that formed the company last year.

Shows will continue to air: Canwest

COURT PROTECTION Canwest Global may be in the midst of drastic restructuring measures to cope with a crippling debt and punishing economy, but viewers won't see signs of those woes in the company's TV programming, content chief Barb Williams insisted Wednesday.

Home to primetime hits including "Glee," "House" and "Lie To Me," Global TV is among the Canwest assets seeking creditor protection as its parent company struggles with a \$4-billion hole.

Williams said that she and other programming managers spoke with producing partners yesterday to assure them that series orders would proceed as planned, and that they would be paid for their work.

"All of that will continue completely untouched and unharmed in any way," said Williams, noting that the company's 13 specialty channels, including HGTV and the Food Network, are not part of the filing.

Williams wouldn't reveal how much was being spent on programming or how the budget compares to previous years.

But Norm Bolen, president and CEO of the Canadian Film and Television Production Association, said he's encouraged by the assurances from Canwest management.

"We're taking that with a sense of cautious optimism," Bolen said after participating in the conference call with Williams and other bosses.

Bolen's group represents nearly 400 Canadian production companies.

TV producers want assurances that production will continue as planned and that the creditor protection will not adversely affect their ability to get their projects to the small screen, he said.

THE CANADIAN PRESS

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Nortel asset deal in works

TECH Ciena Corp. is offering cash and stock worth \$521 million US to acquire some of fallen technology giant Nortel Network Corp.'s most prized businesses units, intellectual property and employees.

The deal covers substantially all of the Nortel Optical Networking and Carrier Ethernet businesses, including the rights to technology that enhances the speed and capacity of current fibre optic networks by as much as 10 times.

Ciena has agreed to offer jobs to at least 2,000 employees, or more than 85 per cent of the total at Nortel's Optical Networking

and Carrier Ethernet business units.

"This is a unique and exciting opportunity for us to accelerate our existing strategy and the pace of our growth plans by two to three years," Gary Smith, Ciena's CEO and president, said in a statement.

The addition of 2,000 employees from Nortel would roughly double the size of Ciena's global workforce.

However, there's no guarantee the deal announced yesterday won't change, since Ciena's offer will be used as an opening bid for an auction by Toronto-based Nortel under supervision of court.

THE CANADIAN PRESS

Business in brief

BROADCAST FEES Ottawa will forgive \$450 million owed by the broadcasters and the cable industry in return for a new funding structure that would see them pay up to \$100 million a year. The federal government said yesterday

it will not seek about \$450 million held in escrow by the broadcasting industry on fees the industry had been disputing. In return, the industry has agreed to discontinue its court action.

THE CANADIAN PRESS

Rocket hire coach

The P.E.I. Rocket hired Eric Lavigne as head coach yesterday, a day after firing Guy Chouinard. Lavigne served as head coach of the Val-d'Or Foreurs from 2005 to 2009 and was general manager of the club for two seasons.

METRO HALIFAX

13

Sports

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

X-Men hope Green can beat injuries

MATTHEW WUEST

matthew.wuest@metronews.ca

The St. Francis Xavier X-Men are hoping the second half of the season is kinder to running back James Green.

The Halifax native and fifth-year Atlantic University Sport all-star battled nagging injuries in the first half while dealing with significant personnel changes and still managed 176 yards and three touchdowns on 44 carries.

"He was banged up more than anything, some nagging things were bothering him that just lingered around," said X-Men head coach Gary Waterman. "There's no concern now."

Green averaged 135 yards per game last season, a total that has dipped to just 44 yards per game this year.

A healthy Green could do more damage in the second half, especially if the X-Men show they have adjusted to life without graduated offensive linemen Steve Myddelton and Rory Campbell and fullback Jeremy Marchand.

"We're not the same team as last year ... We're missing three major parts of our run game," Waterman said. "We ran the ball a lot last year and we ran it fairly well."

"We'd like to run and get that balance, but it's taking a little longer to get up to speed with the changes."

The X-Men, first place in the AUS with a 4-0 record, visit the Acadia Axemen tomorrow at 7 p.m.

Sports in brief

QMJHL The Halifax Mooseheads are pondering a roster move as they evaluate 18-year-old forward Lester Brown. The Mooseheads, who host the Rouyn-Noranda Huskies tomorrow, have been taking a long look at the speedy free agent from Toronto for the past week in practice. The team is carrying 24 players, not including Brown.

METRO HALIFAX



Saint Mary's Huskie Joe Doherty leads Atlantic University Sport with four touchdown grabs.

Breakout performer

Doherty doubles career TDs in four games

MATTHEW WUEST

matthew.wuest@metronews.ca

Next game

Joe Doherty has been on the field with the Saint Mary's Huskies football team for six years now. But never has the veteran receiver found himself in the spotlight he is under now.

After one red-shirt season and four patient years in the shadows as a backup to hard-working mainstay Ryeen Warburton, Doherty has stepped into a starting role in his final tour of duty and is making the most of it, to say the least.

The Ottawa native leads Atlantic University Sport with four touchdown grabs — one more than he'd caught in four previous seasons — and is among the conference leaders with 274 yards on 19 receptions through four games.

"This is a lot more fun, getting in there more," Doherty admitted after practice at Huskies Stadium on Tuesday. "But it was a learning experience. I've got to thank those four years be-

cause they helped me get to this point right now." Doherty has been a big part of a revitalized Huskies passing attack that went into hibernation last year while transitioning from star Erik Glavic to rookie Jack Creighton. A more experienced Creighton has found a rhythm with Doherty and healthy two-time all-star Carl Hardwick to compile 1,252 passing yards, twice as many as the team had last season at this stage.

Huskies head coach Steve Sumarah said Doherty "raised his game and took the No. 1 job" in training camp, while crediting him for "great hands" and "solid route-running."

"I approached it as it was my spot to lose," said Doherty, who has won three AUS titles and played in the 2007 Vanier Cup. "I've been here, I know the offence better than anyone — almost as much as coach — and I figured if I played my best and came out hard every day, it would be my spot."

It should be Doherty's spot for the rest of the year, according to Sumarah, who said Doherty has been a guy he could "always count on." That has only been strengthened by the rapport Doherty has developed with Creighton this fall.

"It's my first year actually getting a chance to show what I've got," Doherty said. "I'm making the best of it."

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Albanian oil tycoon Rezart Taci is prepared to purchase AC Milan for 700 million euros (C\$1.09 billion), even though Silvio Berlusconi has not put the club up for sale. Milan sold off its top player, Kaka, to Real Madrid this off-season to stave off financial crisis, and the club is off to a rough start in Serie A. **THE ASSOCIATED PRESS**

Lee dominant in playoff debut

MLB PLAYOFFS

Colorado 1 Philadelphia 5



Cliff Lee pitched like an ace instead of a post-season rookie.

Lee dominated the Colorado Rockies, tossing a six-hitter, and the Philadelphia Phillies began their World Series title defence with a 5-1 victory in their playoff opener yesterday.

Raul Ibanez had two hits

and two RBIs, and Ryan Howard and Jayson Werth drove in runs with key extra-base hits off 15-game winner Ubaldo Jimenez.

Lee, the reigning AL Cy Young Award winner, struck out five and had no walks in his first career playoff start. He retired 16 straight batters at one point until Garrett Atkins hit a wind-blown double in the seventh. Lee lost his shutout when Troy Tulowitzki doubled in a run with two outs in the ninth.

Game 2 of the best-of-five series goes today with Cole

Hamels, last year's World Series MVP, on the mound for the Phillies against Colorado's Aaron Cook.

Yankees 7 Twins 2 — Derek Jeter and CC Sabathia got the New York Yankees off to a winning post-season start in their new ballpark as they romped over the Twins 7-2 last night in the opener of their AL playoff series. **THE ASSOCIATED PRESS**

For results of yesterday's late game between the Cardinals and Dodgers, visit: metronews.ca/sports



Philadelphia starting pitcher Cliff Lee waits to throw to a Colorado Rockies batter as fans cheer him on during the ninth inning of Game 1 of their playoff series. The Phillies won 5-1.

PHOTO BY THE ASSOCIATED PRESS



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Grant returns to Portsmouth

Avram Grant has returned to Portsmouth as director of football. The former Chelsea manager had a spell with the club alongside Harry Redknapp before moving on to Stamford Bridge in 2007. Portsmouth is last in the Premier League after losing its first seven games. **THE ASSOCIATED PRESS**

sports **15****Sports in brief**

SOCCER At a conference in London yesterday, FIFA vice-president Jack Warner called for the introduction of a salary cap in soccer and the widespread introduction of technology. The CONCACAF president also openly questioned whether the number of players on the field should be reduced to 10 and the penalty area made smaller.

FOOTBALL Eagles quarterback Donovan McNabb was back at practice yesterday and says he'll be in the starting lineup when Philadelphia plays Tampa Bay on Sunday. McNabb has been out since breaking his rib in the season opener. He missed two games before the Eagles had their bye this past weekend. The Eagles say running back Brian Westbrook also should be able to play on Sunday.

RAPTORS Newcomers Sonnie Weems and Marco Belinelli scored 12 points apiece, but the new-look Raptors dropped to 0-2 in the NBA pre-season with an 84-79 loss to the Philadelphia 76ers last night. Reggie Evans had nine points and a game-high nine rebounds in 21 minutes for the Raptors, who played for the second straight night without captain Chris Bosh and off-season acquisition Hedo Turkoglu.

METRO NEWS SERVICES

Presidents Cup Two greats

United States captain's assistant Michael Jordan, rear, watches as Tiger Woods putts during a practice round at the Presidents Cup yesterday in San Francisco. Play begins today with the U.S. taking on an international team of non-Europeans.

Roy pleads guilty, granted discharge

An on-ice assault case that served as a lightning rod in the national debate on fighting in hockey ended yesterday when a judge granted the son of NHL legend Patrick Roy an absolute discharge.

The sentence means ex-goaltender Jonathan Roy will have no criminal record and allows the budding singer to pursue his musical dreams in the United States.

Quebec court Judge Valmont Beaulieu handed down his sentence just a few hours after Roy, 20, caught people off guard by

pleading guilty just as his two-day trial on a charge of assault was set to begin.

After entering the plea, a contrite-sounding Roy said he regretted his behaviour in March 2008 when he skated the length of the ice as a member of the Quebec Remparts and pummelled rival netminder Bobby Nadeau.

Nadeau, who was playing for the Chicoutimi Saguenéens in the Quebec Major Junior Hockey League game, did not fight back.

Roy said he showed a

lack of judgment in launching the attack, one that drew numerous politicians, including Prime Minister

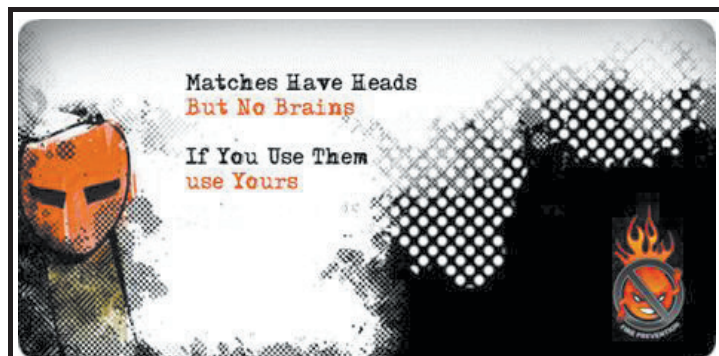
Stephen Harper, into a debate over what could be done to curb violence in hockey. "I assume total responsibility for what I did," Roy told the court.

"What I did had nothing to do with hockey. I stepped over the line. When I see the video of the interview (after the game), I don't recognize myself."



Jonathan Roy

THE CANADIAN PRESS



Halifax Regional Fire & Emergency's 2009 Fire Prevention Week theme is aimed at reducing the number of fires associated with, or caused by, the inappropriate use of matches & lighters.

Residents of HRM who use matches & lighters need to take responsibility for them. Matches and lighters are tools, and should be respected as such. With children in the home, most of us are very careful not to leave dangerous tools lying around where children could find them and cause themselves harm. Yet, statistics show that this same practice is not being extended to safety with matches & lighters even though we know that matches & lighters, in the wrong hands, can be even more dangerous.

Respect for fire should be passed down from parents to children—generation to generation. Teaching youth to respect fire, and to be extremely cautious when using matches & lighters, should be a high priority in any home where youth reside. Please . . . "Practice Fire Safety" in your home.

For additional information, and to view our "Matchstick Video", please visit

www.halifax.ca/fireprevention

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EMMA YARDLEY/FOR METRO CANADA

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Check it out

Combining comfort, urban conveniences, and an environmentally-conscious design, The Waterton must be seen to be fully appreciated. Suites range from 630 square

feet to 1,326 square feet. Appointments to view the model suites can be made by calling 457-7400, and more information can be found at thewater ton.ca

A gleaming fortress of a stone, glass and steel, The Waterton at Stoneridge has made "being green" look easy.

Located just off Northwest Arm Drive, the new condominium complex is giving eco-friendly Haligonians options that aren't available anywhere else. The Waterton uses renewable energy, natural ventilation, and a water recovery system that

cleans and re-uses water from showers and washing machines.

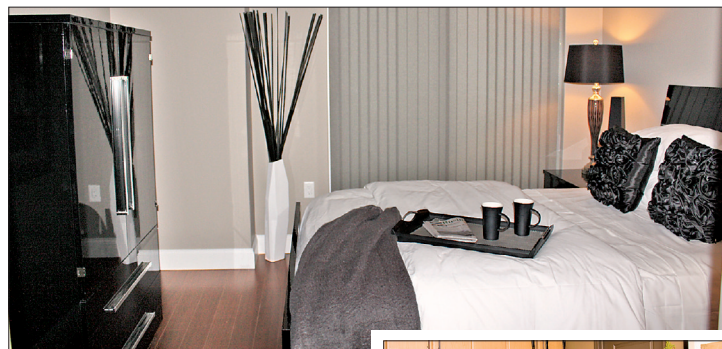
The high-tech building has several model suites, and interior designer Paulina MacDonald was determined to make each one unique — showing potential buyers the many different ways they could approach the space and make it their own.

"Each suite was created to have an immediate impact, and show the purchaser the 'wow' factor," MacDonald

said. "But at the same time, each suite also focuses on the functional and inviting aspects of condo living."

Choosing furniture with clean lines and different textures — such as leather and glass — MacDonald knew she wanted this model suite to be "fresh and sophisticated." The space combines rich wood floors and furniture with sharply-contrasting black and white pieces.

"The use of black and white can be stunning and dramat-



Bedroom, above, and kitchen at The Waterton.

ic," she said. "I wanted black to be used as the dominant colour, because it adds a focal point that grounds and anchors any room."

While MacDonald agrees neutral shades are important in a model suite, because you want to create a space that appeals to a wide range of tastes, she said it's a mistake to ignore colour

altogether.

"In the powder room, I decided to add a punch of color and chose a beautiful spa blue," MacDonald explained. "Against the white, it's so clean and fresh."



Heather Clarke is a Halifax-based writer with a penchant for pretty things.



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Fine art of working with power tools

Using power tools can be more of an art than a science when tackling a new project.

Most of us never look at the settings of our drill or sander. Instead we turn it on and just opt for the most power — assuming that will get the job done quickly. But more power doesn't guarantee the best results, and can actually cost you time to fix mistakes. We all know that a stripped screw or over sanded project can leave us, quite literally, in the (saw)dust.

Size and speed do matter. And so do the clutch and torque settings. The problem is that the standard numbered settings don't explain how best to set the tool for specific projects. For example, when you want to drive a screw into 1/4-inch plywood what gear should the drill be in and which torque level should you select? Or, if you'd like to sand down the dining room table for a fresh coat



Black & Decker's Smart Select sander in action.

of stain, how can you set your sander to avoid deep scratches?

The best bet for the home handyperson who expects more from his/her tools is Black & Decker's new generation of products with Smart Select technology. These specially designed drills, sanders, jigsaws and screwdrivers will help your loved one avoid DIY disasters and finish projects faster with fewer hassles.

"We found that many do-

it-yourselfers have to do a lot of guessing when it comes to setting a tool for optimal performance on jobs," says Jocelyn Stephen, marketing manager at Black & Decker Canada. "The Smart Select series eliminates the guess work; each tool has simple icons to help select the appropriate application. Just set the tool to the icon that matches your task and the tool automatically selects the right settings to get the job done right." **NEWS CANADA**

Be prepared for condo delays

LegalMatters

Elias Metlej

metronews.ca/legalmatters

If you are buying a new construction condominium you should be prepared for delays in your closing date. We rarely find buildings are finished on time and, even if they are, the registration of the condominium corporation usually extends the timelines.

Many developers are quick to blame the government for registration delays.

However, we have always found if all submission requirements are in order, the Registrar of Condominiums is prompt in completing the necessary work.

While extensions may inconvenience buyers, they can also be costly.

If you have a commitment from a bank, the mortgage rate may only be guaranteed for a specific period of time. Commitments could expire and rates could rise before buyers have a chance to close

their deal.

There are also clauses that force buyers to take possession of their unit and pay rent to the builder until the condo registration is complete.

Purchasers may have to take possession, regardless of whether or not they actually occupy or need the unit.

The monthly rent, often .75 per cent of the purchase price, is expensive and is not credited towards the purchase price.

Elias Metlej is a real estate lawyer with the Halifax firm Blois Nickerson & Bryson. You can write to Elias at askelias@yahoo.com

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Robert Kiyosaki will not attend this workshop.

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Style



Barbie's back in Town

After a successful run last spring, the Barbie by Town Shoes collection is back with a new set of styles for fall. This exclusive collection features glamorous peep toe pumps, zebra platform booties and even over the knee boots as well as purses — all inspired by the trendsetting doll. Prices range from \$59.95 to \$275. To see the entire collection visit townshoes.com.

METRO NEWS SERVICE

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Tousled, big and wavy

Bed head, retro curls make a comeback on the major runways

ANDREA WOO
For Metro Canada



Good news for the fashionably inclined but stylistically challenged: Casual hair is back in style.

At the recent London, Paris and Milan fashion weeks, tousled locks were big on the runways, with many models sporting loose waves and messy buns.

"It's very free hair this season," said Toronto-based celebrity hairstylist Jie Matar, citing Chanel and Prada as fashion houses adopting the look for their models. "Mostly, we used to see sleek and coifed hair, but not this season. This season's all about tousled, big and wavy. Victoria Beckham is not the look anymore."

Cherie Grass, senior stylist and educational director at Vancouver's Toni & Guy salon, says accompanying the retro waves are defined centre or side parts and often a lot of back-combing to create volume at the crown.

"They're looser, more combed out and messy," said Grass of this season's looks. "There's definitely a '60s feel."



Retro waves with a defined side part was a big trend seen on the fashion runways this season. Here a model sports the look during Alena Akhmadullina's show at Paris Fashion Week earlier this week.

As for colour, Matar says streaks and highlights are out, being replaced with all-over colour in warm, rich hues such as caramel, cinnamon, gold and copper.

Tania Becker, co-owner of Vancouver's Moods Hair Salon, has styled hair for the runway shows of the Paris and New York fashion weeks for 14 seasons. She agrees that this fall, the trend for hair colour is warmth.

"Brunettes are leaning towards warm chocolate tones, blonds are trading

ash and platinum shades for honey or golden hues," said Becker. She adds that the most influential colour is red: "(Model) Coco Rocha caused a buzz when she showed up on the fall and winter runways with her new, rich, copper hair."

Canadians wanting to incorporate the European trends into their daily look should invest in a good, layered cut, as styling can be fairly minimal.

"The most important thing is to cut it in a very tailoring technique," said Matar. "Add a lot of layers

that can give it an illusion it's one length at the back — to the shoulders — and at the same time (do) a lot of teasing on the crown."

For easy texture and volume, Becker recommends generously spraying dry hair with hairspray or setting spray, doing four or five large braids

and sleeping on them overnight.

"In the morning, take the braids out and shake it out," she advised.

Messy buns and tousled updos were also predominate hairstyles seen in London, Milan and Paris fashion weeks. Below, left: Chanel's Pret a Porter show in Paris. Left: Fendi's spring/summer 2010 collection, presented in Milan last month.



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No Collection Good Friday Monday, October 12th	Collection will occur the preceding Saturday, October 10th
Otter Lake Facility Closed Monday October 12th	Otter Lake Facility Open Saturday, October 10th, 7am to 7pm
HRM Recycling Plant Closed Monday October 12th	HRM Recycling Plant Open Saturday, October 10th, 7:30am to 6pm

Collection services can begin as early as 7:00 a.m. To ensure collection, residents may place materials curbside the evening prior to collection day. For more information on HRM's composting and recycling programs, check your 2009 collection schedule, visit our website at www.halifax.ca/wrms or call 490-4000.

The HRM's residential Household Hazardous Waste (HHW) Depot will be Closed Saturday, October 10th, but will be Open on Saturday, October 17th from 9 am to 4 pm.

R333-6912

Elvis' grandson signs record deal

Elvis Presley's teenage grandson has landed a record deal worth \$5 million US. Benjamin Presley has landed a five-album contract with Universal, and has already started work on his first LP, which he hopes to release next year. **METRO NEWS SERVICES**

Entertainment

EDITOR: DEAN.LISK@METRONews.CA



Gaga Gossip

Lady Gaga will appear on an upcoming episode of Gossip Girl, according to the New York Daily News. The singer is said to be playing herself.

METRO NEWS SERVICES

Bubl 's Crazy Love

Matthew Good

Album: Vancouver

Label: Universal

Rating: ⓈⓈⓈⓈ

VANCOUVER

NATIONAL ANTHEM should be the official song of the 2010 Olympics. Matthew Good tears into the touristy tinsel wrapped around his hometown to reveal something sinister lurking below the snow caps. Good sings about the horrors of Vancouver's downtown eastside through the zombie eyes of the people who inhabit it. "We all live downtown/We all die downtown/Step Over Ourselves," goes the chorus. Keep it in mind when you watch the figure skating live from GM Place. But this album is not all about politics. Good uses the city that has nurtured his muse as a canvas on which to squeeze out some more personal demons. Some of it is even sentimental. All in all, Good remains angry, angsty and relevant.

Graham Rockingham/for Metro Canada

MusicReviews

music@metronews.ca

Michael Bubl 

Album: Crazy Love

Label: Reprise/Warner

Rating: ⓈⓈⓈⓈ

BY NOW,

MOST people know what to expect from Michael Bubl  — sweet crooning, pop standards, and light jazzy sounds. But somehow, the artist can still surprise. Crazy Love is the Vancouver singer's most diverse record. He tackles both Cry Me a River, a bouncy love song by Arthur Hamilton, and Ray Charles' Georgia on My Mind, which features the smokiest vocals of his career. He ends the disc with a fantastic cover of singer-songwriter Ron Sexsmith's Whatever it Takes. Whatever you think of the guy, Bubl  does his thing better than almost anyone else.

Bryan Borzykowski/for Metro Canada

Kiss

Album: Sonic Boom

Label: Roadrunner

Rating: ⓈⓈⓈ

THERE'S NO

GOOD reason why Kiss is releasing a new disc — the follow-up to 1998's Psycho Circus. Most people like the old tunes, and the recent music doesn't sound any different than those hits (besides being worse).



In some ways, it's admirable that they care enough about themselves as musicians that the band members want to work on a new album, but they know where their bread and butter lies — an accompanying disc is loaded with classics. In the end this album is for the die-hards; casual listeners should stick to one of Kiss' greatest hits records.

Bryan Borzykowski/for Metro Canada

Listen to this week's reviewed music at metronews.ca/music



Crazy Love is the most diverse record of Michael Bubl 's career.

RECOMMENDED BY METRO READERS

Top 5 Massage Therapists

Amy Sprague
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Mel Gibson has won a court battle to clear his conviction for a notorious 2006 drunk driving incident from the police record, now that he has finished his three years of probation. **FEMALEFIRST.CO.UK**

New disc is a Good homecoming

In 'Vancouver,' rocker explores his relationship with his native city

KEITH CARMAN
for Metro Canada

"Hospital Music was cathartic. This album is getting it off my chest," declares solo rocker Matthew Good about the relationship between his last effort and his current offering, *Vancouver* (Universal).

To Good, both albums are incredibly personal, albeit on disparate levels. Where 2007's *Hospital Music* was created as Good came to terms with a long-standing medical condition, *Vancouver*, which was released this week, is slightly more relaxed. It relays his experiences, sentiments and aspirations for the city he has grown with over two decades.

"When you live somewhere for so long, you see everything: the good and the bad," he continues. "You can't dispel one for the other, which is why even people who claim to hate a city still have fond



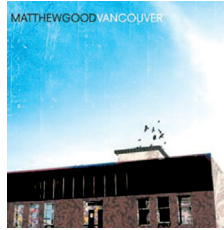
Matthew Good aims to show the best and worst of Vancouver.

memories in it. You have to focus on both of those emotions, and this album does just that.

"In this city alone, I've lived everywhere from nice neighbourhoods to the poorest one in Canada. I've watched Vancouver turn from an edgy scene with a great arts and music

community to (the point) where those communities have been stifled. Some people call that progress, but I call it a cultural loss."

Despite the city's "loss," Good's commentary on the current state of Vancouver proves his creativity is at an all-time high. From the straightforward



flow of *Last Parade* through *Great Whales of the Sea* — a song he crafted while tinkering with authentic whale sound bites — the album's 10 tracks are a strong step forward from Good's already solid body of work.

"I have a definite affinity for grandeur, especially orchestral arrangements. I'm a massive sucker for that," he says with a smile. "The songwriting is progressive compared to the last record, depending on how you define that. You can go off the deep end and be experimental, but I focus on the emotive quality of songs. That's where I find the progressive aspect of

my work. You can listen to *Hospital Music* and it emotes a certain feeling, and I wanted this record to emote its own unique feeling."

Good offers his own means of evaluating his distinct work, be it Vancouver's slightly removed point of view or *Hospital Music's* intimacy. But he's careful to allow listeners to derive their own personal meanings from his compositions.

"I equate it to weather," says Good. "Almost every song of my career feels like a weather condition. That's the perfect backdrop for a song."

"For this album, well, it depends. Some songs are calm and still, quiet and contemplative, where others are a lot of wind and a looming rainstorm. There are grey days, hot days."

"Ultimately, though, it's subjective as to how people view it. Sometimes it's best for people to take it as what it is and apply it to their own lives."

Four folk award nods for Plaskett

MUSIC Halifax singer/songwriter Joel Plaskett has earned a leading four nominations for this year's Canadian Folk Music Awards. Plaskett is up for Contemporary Album of the Year (for the triple album *Three*), Solo Artist of the Year, Producer of the Year, and the "Pushing the Boundaries" award. Prizes are handed out on Nov. 21. **THE CANADIAN PRESS**

In brief

MURDER PLOT The FBI once investigated whether Anna Nicole Smith plotted to kill her tycoon husband's son as they battled for his father's fortune, newly released files show.

HOME FOR HOLIDAYS Jennifer Hudson will return to her hometown, Chicago, for an ABC prime-time Christmas special. The singer will perform on location throughout the city.

ON TOUR Chicago rock band Wilco plans a Canadian tour in 2010, including dates in Vancouver, Edmonton, Calgary, Saskatoon, Hamilton, London, Ottawa and Halifax.

METRO NEWS SERVICES

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HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
10/09	31	31	31	ABC News Center 5	ABC World News	Inside Edition	Chronicle	FlashForward (HDTV) (N)	Grey's Anatomy (N)	Practice		
	7	7	7	ASN The Road to Avonlea	Hollywood	TMZ (N)		FlashForward (HDTV) (N)	Fringe (HDTV) (N)	Practice		
	11	11	11	CBC Wheel-Of-Fortune	Jeopardy! (N)	Doc Zone "First Flight"		The Border "The Dead"	CBC News: The National	The Hour		
	2	2	2	CBC-F Pyramide (SC)	La force	Virginie (SC)	Infomax (SC)	Enquête (HDTV) (SC)	3600 secondes d'extase (SC)	Le Téléjournal		
	32	32	32	CBS WBZ News (N)	Evening News	The Insider (N)	Entertainment	Survivor: Samoa (N)	CSI: Crime Scene Investg.	The Mentalist		
	69	69	69	CFTM TVA nouvelles	Le Cercle (SC)	La Fière de la danse (SC)		Dieu Merc (N) (SC)	Le Gentleman (N) (SC)	TVA nouvelles		
	6	6	6	CHIF Entertainment	ET Canada	90210 (HDTV) (N)		Survivor: Samoa (N)	The Office "Niagara" (N)	News Final (N)		
	9	9	9	CJCH The Vampire Diaries (N)	The Mentalist			CSI: Crime Scene Investg.	Grey's Anatomy (N)	CNN News		
	10	10	10	ELTV (6) EastLink Television	Wabanaki	Wabanaki: People of the Dawn	Wabanaki: People of the Dawn	Bones (HDTV) (N)	Fringe (HDTV) (N)	Children	Comm. Matters	
	36	36	36	FOX Seinfeld	The Simpsons	Two/Half Men	Two/Half Men	Community (N) Parks-Recreat	The Office "Niagara" (N)	Jay Leno Show	Fox First	
	12	12	12	NBC News (N)	NBC News	Hollywood	Extra (N)	CBC News: Tonight (N)	CBC News: The National	Nature-Things		
	29	29	29	NW World News	Business	CBC News	Marketplace	Jim Cousteau: Ocean	Jim Cousteau: Ocean	Secrets-Dead		
	4	4	4	PBS-D NewsHour With Jim Lehrer	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	U From Ashes	Michigan	Sherlock H.		
	35	35	35	PBS-D NewsHour With Jim Lehrer	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	U From Ashes	Michigan	Sherlock H.		
	68	68	68	TQS Guerre clans	Le Mur (SC)	Taxi payant	Rire et délire	Fringe Maladie (N) (SC)	Catherine (SC)	Bob Graton	Le Mur (SC)	
	23	96	96	BNN Business News	Headline	Market Call Tonight		GetConnected	Market Call	Squeeze Play	Business News	
	18	18	18	CNN Situation Room-Wolf Blitzer	Lou Dobbs Tonight			Campbell Brown (N)	Larry King Live	Cooper 360		
	54	54	54	GOLF (4) Golf The Presidents Cup -- Day 1. (Live)				Presidents Cup	Golf The Presidents Cup -- Day 1. (Live)			
	52	52	52	RSE MMA Conn	Overtime	NHL Hockey New York Islanders at Ottawa Senators. (HDTV) (Live)			College Football Nebraska at Missouri. (Live)	MLB Baseball: NLDS Game 2		
	55	55	55	SCOR (6) Morency	Covers Experts	Score on NFL	Canadian Poker Tour					
	45	45	45	SPD Barrett-Jackson Automobile Auction From Las Vegas. (Live)								
	53	53	53	TSN (4) Golf The Presidents Cup -- Day 1. (HDTV) (Live)								
	43	43	43	FAM Zoey 101	Life Derek	Wizards-Place	Han. Montana	SportsCentre Zack & Cody	Over the Bolts	2009 World Series of Poker	SportsCentre	
	44	44	44	TOON Jimmy Two	Johnny Test	Stoked	Total Drama	Majority Rules	6TEEN	Futurama	King of the Hill	Ned's School
	26	26	26	TREE Wonder Pets	3rd and Bird	Backyardigans	Night Grdn	Waybuloo	Franklin	Little Bear	Maggie-Beast	Babar
	27	27	27	YTV iCarly	iCarly	Drake & Josh	Family Biz (N)	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	16	16	16	A&E CSI: Miami "Innocent"		Criminal Minds (HDTV)		The First 48 "Silenced"	The First 48 (HDTV)		The First 48	
	70	70	70	APTN APTN National News (N)		Wapost Bay	By the Rapids	Rez Rides	Moose TV	Crocodile Dundee in Los Angeles * (2001)		
	50	50	50	BET 106 & Park: BET's Top 10 Live (Live)				Honey ** (2003, Drama) Jessica Alba, Mekhi Phifer.		Frankie-Neffe		
	37	37	37	BRVO Wind at My Back		Storytellers	Camera	Bathroom Divas-Opera Star	Cake (2005, Romance-Comedy) (DVS)			
	25	25	25	CMT Wilsons	Wilsons	Funnies Home Videos		Reba	According-Jim	According-Jim	Home Improve.	
	49	49	49	COM Just for Laughs		Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Hot Box
	153	153	153	COUROT Truth, Duty, Valour		The Investigators		Cops Uncut	Dumb Criminal	Navy SEALs: Untold Stories	Investigators	
	38	38	38	DISC How It's Made	How It's Made	Daily Planet (N)		Drain the Ocean		MythBusters		
	34	48	48	HGTV Extreme Makeover: Home	House Hunters	Property Virgin		Holmes Inspection	Family Reno	Disaster DIY	House Hunters	
	46	46	46	HIST Underworld Histories		Ice Road Truckers		Ancient Discoveries	Underworld Histories	After People		
	17	17	17	MM America's Best Dance Crew		One Tree Hill		You Can Dance		Dance	Love Court	
	19	19	19	MMM mmtop10.ca				Ranked!		Wild 'n Out	Wild 'n Out	Kylie Minogue
	201	201	201	M1 Lost Boys	The Incredible Hulk *** (2008, Action) Edward Norton.			Nurse Jackie	Nothing but the Truth (2008, Drama)			
	48	23	23	QLN Mantracker		Ghost Hunters		Bounty Hunter	Bounty Hunter	Survivorman Costa Rica.	Ghost Hunters	
	51	51	51	PEACH The Office	Name Is Earl	Family Guy	Family Guy	House-Payne	House-Payne	Law & Order: SVU	I Know What	
	206	206	206	PIX (6:45) Pressure Point (2001, Suspense)				(8:20) Colorado Territory *** (1949)		Black Rain *** (1989, Crime Drama)		
	67	67	67	RDI RDI monde	RDI économie	24 Heures en 60 minutes		Grands reportages (SC)		RDI économie		
	39	39	39	SHOW Trailer Park	Trailer Park	The Outer Limits		Da Vinci's City Hall		The Best Years (DVS)	Saving Grace	
	40	40	40	SLICE Skin Deep	Skin Deep	Rich Bride, Poor Bride		X-Weighted		X-Weighted	X-Weighted	
	47	47	47	SPACE Stargate SG-1		Stargate Atlantis (DVS)		Star Trek: Voyager		Primeval	Eureka	
	14	14	14	SPICE CSI: Crime Scene Investg.		CSI: Crime Scene Investg.		UFC Unleashed		TNA Wrestling (HDTV) (N)		
	98	98	98	STAR talk	TMZ (N)	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)	Dr. Oz Show	
	21	21	21	TLC Police Women of Broward		Police Women of Broward		Police Women of Broward		Police Women of Broward	Police Women	
	56	34	34	TROP Bob & Doug	Bob & Doug	Seinfeld		ET Canada	TV Made, Do It	Family Guy		
	20	20	20	TVS Que-champion	Journal de Fr2	Les Peuples du soleil		Club social		Envoyé spécial		
	28	28	28	V Jozi-H "Beginnings"		Murder, She Wrote		On the Buses	'Allo, 'Allo!	The Name of the Rose ** (1986, Mystery)		
	67	97	97	VIVA Da Vinci's Inquest		Judging Amy		Missing "Insomnia"		The Closer "Round File"	Da Vinci Inquest	
	22	22	22	W House-Sell	Style by Jury	Old Christine	Friends	Friends	Grocery	Confidential	Divine Design	
	251	251	251	WGN WGN Evening News		Two/Half Men	Family Guy	The Vampire Diaries (N)		Supernatural (HDTV) (N)	WGN News	

critics' corner

The Mentalist

After Lisbon (Robin Tunney) is accused of murdering a paroled child molester she had arrested, Jane, Cho, Rigby and Van Pelt (Simon Baker, Tim Kang, Owain Yeoman, Amanda Righetti) decide to conduct their own investigation into the killing in the new episode "Red Badge." 11 PM on CBS



Doc Zone

"Canada: Above and Beyond," a four-part series airing on consecutive Thursdays, marks 100 years of aviation in Canada. The opener, "First Flight," remembers the 1909 flight of the Silver Dart from Baddeck Bay, N.S., which started it all. It also profiles a group of retirees who are reconstructing the Silver Dart and checks in with some other Canadians who remember their first experiences in the air. 8 PM on CBS

The Border

Last season ended with a literal bang, with an explosion in the motel room where American mobsters linked to toxic waste smuggling were holding Layla and Dougie (Nazneen Contractor, Nicholas Campbell) hostage. When the smoke clears, three people are dead or near death, and Gray (Graham Abbey) is on the hunt for the killer. James McGowan and Grace Park also star in the season premiere, "The Dead." 9 PM on CBS

Last-minute cooking tips before Thanksgiving ...

If turkey is frozen, allow enough time to thaw (5 hours per 500 g/1 lb) in the refrigerator or 1 hour per 500 g (1 lb) when submerged in cold water (refreshed hourly). And be sure to remove the bag of giblets hidden in the turkey cavity before cooking. **THE CANADIAN PRESS**

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Signature Dish:

Porterhouse Steak (\$24)

Rating: ****

Dinner & drinks for 2: \$70

So many restaurants have come and gone on Quinpool Road the last couple of years it is almost impossible to keep up.

Evangelos Panopolis and his family have done well to endure with Athens, and are now counting on that winning formula for their latest endeavor The Central Grill.

In fact, the new steakhouse is actually located where the longstanding Greek eatery once stood

On the web

- Get recipes and more great food content at metronews.ca/food

before its relocation earlier this year.

The Central Combo Platter (\$14) was a solid start; a sturdy sampling of Perogies, Spring Rolls, Thai Chicken Strips and Calamari, accompanied by two delectable dips.

There was nothing fancy about the main courses either.

My medium-well done Porterhouse Steak (\$24) was served straight-up, with all the trimmings of fried onions, vegetables and mashed potatoes, and the Chicken Caesar Salad (\$12) was tender and fresh and served with two slices of no-nonsense Garlic Bread.

Both plates proved to be straightforward and even-ly-seasoned.



Porterhouse Steak (\$25), served with fried onions, vegetables and mashed potatoes.

A finale of Chocolate Fudge Brownie topped with Vanilla Ice Cream (\$5) was both sweet and surprisingly light.

With an array of meats, seafood, pasta, soups and salads on the menu, The Central Grill is exactly what a good steak house should be — simple and satisfying.



Chicken Caesar Salad (\$12)



Central Combo Platter (\$14)

Global Peasant blog online



- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/globalpeasant for a recipe of Biscotti with Lemon and Anise Seeds.

Dining out

GO NORTH

Those in the know tell me the Halifax's north end is now one of the city's quarters essential for fine-dining. Along with all of the well-reputed bistros in Hydrostone area, a multitude of new menus have popped up along Agricola and Gottingen streets, and Little

Europe on Young Street is quickly making a name for its authentic continental cuisine.

HAPPY HOUR

Morris East on Morris Street has a new Happy Hour menu which includes daiquiris and organic beer.

In brief

ANNIVERSARY Congrats to all at Brussels Restaurant and Brasserie on Granville Street. The Euro-eatery recently celebrated its first anniversary.

NEW DIET BOOK Local dietitian Maureen Tilley has a new book of healthy recipes on the market called Hold the Salt.

TRUE NORTH

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Levi Johnston is getting ready to bare all. "Team Levi is in the process of preparing for his Playgirl appearance," his lawyer Rex Butler tells usmagazine.com. "He is in the gym six days a week for the next three weeks." **METRO NEWS SERVICES**

Celebrity Buzz

Celebrity tweets

Jamie Kennedy has health concerns of his own, **Miley Cyrus** is doing great despite what you may have read, and **Rivers Cuomo** has a handy way to avoid disappointment.

• @jamiekennedy does anyone else feel like they have pig flu, mixed with sars???
• @miley Cyrus I'm the happiest I've ever been & for that my family's SO grateful. So for LAME bloggers that don't know what they're talking about SHUT UP!

• @riverscuomo It's good to be humble. That way you don't feel so bad when you do something stupid.

METRO
WORLD
NEWS

Jonas affair to remember

THEY'RE A WILD BUNCH The Jonas Brothers may have a reputation for being a little vanilla, but before Kevin marries his fiancée Danielle Deleasa, his brothers are going to throw him a bachelor party to remember, people.com reports.

METRO NEWS
SERVICES

Beyoncé speaks out on scandal

NO, NO, NO The other woman at the centre of the Kanye West Video Music Awards shout-out scandal is finally speaking out, people.com reports.

Beyoncé Knowles, whose loss to Taylor Swift in the Best Female Video category prompted West to storm the stage and steal the microphone from Swift at the Sept. 13 ceremony, says she understands the rapper's motivation.

"Well, I knew his intentions, and I knew he was standing up for art; and he told me before, when they said the nominees, he's like, 'You have this award,'" she told O: The Oprah Magazine editor-at-large Gayle King.

"When they didn't call my name he was, like, completely shocked,"

Knowles, 28, added. "And when he walked on the stage, I was like, 'No, no, no!' and then he spoke,

and I was like, 'Oh, no, no, no!'"

When Beyoncé won Video of the Year later that evening, she called Swift back on stage to let the country star finish her speech.

"In the end, it ended up being a great night, and Taylor Swift did get her moment — and I didn't have to make an acceptance speech," Knowles said.

METRO NEWS SERVICES

Madonna 'broad' and 'retarded': Ex

ABOUT THE EX Guy Ritchie has mixed feelings about his ex-wife Madonna, usmagazine.com reports. "I still love her," he says in the November issue of Esquire. "But she's retarded, too."

Ritchie, 41, split from Madonna, 51, last December, but he still seems impressed by the pop icon.

"She's a manifester, if there ever was one," he says. "First-rate manifester. Madonna makes things happen. Put Madonna up against any 23-year-old, she'll outwork them, out-dance them, out-perform them. The woman is broad."

METRO
NEWS
SERVICES

Trouble in paradise for Brangie?

TURNING TO AN EX Brad Pitt allegedly had a secret meeting with Jennifer Aniston in a hotel during a recent trip to New York during which he looked for advice about his reportedly floundering relationship with Angelina Jolie, according to Grazia

magazine.

"Brad was unloading his emotional baggage on Jen, which isn't exactly fair considering their history," a source tells the magazine.

"She was quick to tell him she wanted no part in his breakup with Angelina."

METRO NEWS SERVICES

She'll always have Vegas

HO HUM Paris Hilton has grown tired of the L.A. party scene. "I work so much, I have to get up at 6 a.m. every day, so I don't really have time to be going to clubs like I used to," the heiress explains on her Twitter account. But it's not just

the she doesn't have the time. She admits when she does go out, what's become of the scene leaves her feeling cold. "I went out the other night and it was brutal — I didn't have fun. But Vegas is fun, we always have fun in Vegas."

METRO
NEWS SERVICES

Kelly burns and not in a good way

OUCH Kelly Osbourne is furious at a British body spray brand that left her with burn marks all over her body, resulting in a quick wardrobe change for her latest appearance on Dancing with the Stars.

METRO
NEWS
SERVICES

Usher ushers out past with new album

MAKING LEMONADE When life hands you divorce ... turn it into a hit song?

That seems to be Usher's strategy with his still untitled new album, people.com reports.

He's taking an equally adversarial tone in his lilted first single, Papers, in which the R&B star sings that he's ready to move on.

The tune, which premiered online this week, references pivotal moments in Usher's personal life, including his decision to fire his mother as his manager. "I gave my heart and turned my back against the world 'cuz you were my girl," he sings, continuing, "I done damn near lost my mama/ done been through so much drama/ done turned into the man I never thought I'd be/I'm ready to sign them papers."

The singer filed his divorce petition in June. Usher's sixth album will be released on Dec. 8.

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Federline skipped out on rent, trashed place, says Owner

BUTTS AND BEER The owners of the Tarzana, Calif., home where Kevin Federline was staying until May are after him for six months of unpaid rent and for trashing the house, according to TMZ. The owners are seeking \$110,661 US in unpaid rent and damages.

The complaint alleges that Federline's poor housekeeping has left gutters full of cigarette butts and beer bottles, permanent spit marks, and drawings on the walls, dismantled smoke detectors, oil marks on the driveway, dead plants and more.

METRO
NEWS SERVICES

TomKat's style partnership works for little missus

TOM'S FASHION SENSE Katie Holmes doesn't need to worry about the Fashion Police. She has husband Tom Cruise, usmagazine.com reports.

In the November issue of Elle, the actress, 30, says Cruise, 47, often critiques her clothes. "He usually likes everything, but sometimes I'll walk out and he'll say, 'I think that dress might be wearing you. You don't need

that," she says.

"Tom has great taste," Holmes gushes.

When it comes to her own style, Holmes says she loves the designer "Alaia, for sure. Stella McCartney. I like Ralph Lauren because I feel like it's very her clothes. "He usually likes everything, but sometimes I'll walk out and he'll say, 'I think that dress might be wearing you. You don't need

METRO NEWS
SERVICES

Be still his beating vampire heart

METEORIC RISE Robert Pattinson's life story is being made into a film, female-first.co.uk reports. The

23-year-old British actor — who shot to worldwide fame playing vampire Edward Cullen in the Twilight franchise — will be the subject of Robbessed, a feature-length documentary following his rise to fame.

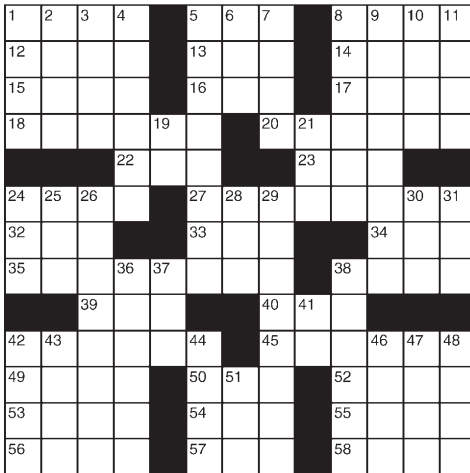
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TWN incorporates MSC data

For more delicious Metro recipes, visit: metronews.ca/food

Take Five



ACROSS

1 Head light
5 Send out invitations
8 Lend or Boesky
12 Warrior of legend
13 Prompt
14 Judicial garb
15 Secular
16 Gorilla
17 Many Louvre pieces
18 Quick mission
20 Jousting weapons
22 Wade opponent
23 Tall tale
24 Bankruptcy cause
27 Jewelry container, maybe
32 Past
33 End for mob or text
34 Sapporo sash
35 Positions for favorable viewing

38 Former mates
39 Total
40 Baltimore newspaper
42 Spur
45 Survivor setting, often
49 Laugh-a-minute
50 Smallest prime
52 Chilled
53 Farm fraction
54 Has the wherewithal
55 Antitoxins
56 Requirement
57 Time card abbr.
58 Helen's home

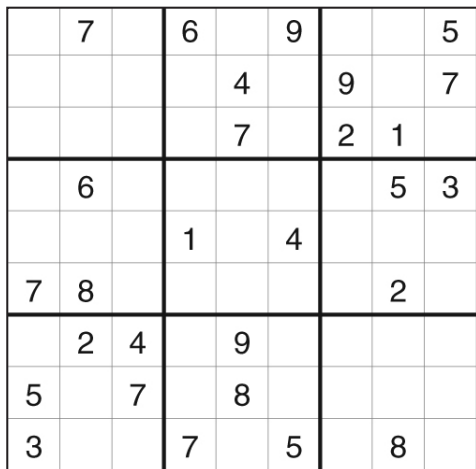
DOWN

1 Robust
2 Open somewhat
3 Den
4 Farm wagon of a sort
5 College life
6 Dine
7 Carina
8 Oddly funny
9 Larynx
10 Competent
11 Capone foe
19 "Just say —"
21 Foreman rival
24 Apply lightly
25 Swelled head
26 Sports-page summary
28 Last (Abbr.)
29 Meetings
30 U.K. award
31 Greek consonants
36 Fit
37 Ambulance worker (Abbr.)
38 Sign up
41 People competitor
42 Persia, now
43 Pleasant
44 Engrave, say
46 Maple genus
47 Infamous lyre player
48 Crucial time
51 Series of skirmishes

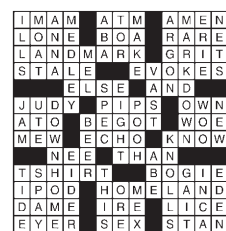
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



6	9	2	3	1	5	7	4	8
3	7	8	4	2	9	6	1	5
1	5	4	8	7	6	2	9	3
4	2	7	5	8	1	9	3	6
8	1	9	7	6	3	5	2	4
5	3	6	9	4	2	8	7	1
9	6	3	1	5	7	4	8	2
7	4	5	2	3	8	1	6	9
2	8	1	6	9	4	3	5	7

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day



Spicy Szechuan Pork or Chicken

Submitted by Kyle Longbotham, Summerland, B.C.

INGREDIENTS:

1 lb boneless pork loin (chicken would also work)
1 tbsp oil
1 bag store-bought broccoli or cole slaw, your choice
1 red pepper, julienne style
1/2 cup water
1/2 cup spicy Szechuan sauce (if you don't like it too spicy, only use 1/4 cup)
1 tbsp honey (more if you like it sweeter)
2 cups jasmine rice

minutes until tender. Remove and set aside in a bowl.
4. Add meat to skillet or wok. Stir-fry over medium high heat until browned.
5. Add bell pepper and water. Cover and cook for 4 minutes until pork or chicken is tender.
6. Combine Szechuan sauce and honey. (If you don't like your food too spicy, add equal parts of Szechuan sauce and honey.)
7. Add the broccoli or cole slaw. Cook and stir for 2-3 minutes until hot.
8. Serve over jasmine rice.

SERVES 4

PREP TIME: 5 MINUTES
COOK TIME: 15 MINUTES

METHOD:

1. Cook jasmine rice as the package directs.
2. Slice pork or chicken into strips.
3. Heat oil in heavy skillet or wok. Add broccoli or cole slaw and stir-fry 2-3



20 Minute Supper Club helps you get dinner ready in a snap at 20minute supperclub.com. Visit 20minutesupperclub.com/metro to be entered to win a \$50 President's Choice gift certificate!

Horoscopes by Sally Brompton sallybrompton.comFor Sally's expanded daily and weekend horoscopes, visit metronews.caARIES
MARCH 21-APRIL 20

There's no point blaming yourself for something you couldn't have known was going to happen. So accept that on this occasion you were taken by surprise.

LIBRA
SEPT 23-OCT 23

You don't mind working hard but you are under no obligation to work yourself into the ground for others. You've been taken in by sob stories.

TAURUS
APRIL 21-MAY 21

Pace yourself carefully today because you could easily take on too much and do yourself harm. That applies to both your brain and your body.

SCORPIO
OCT 24-NOV 22

You seem to be under the impression that time is running out and that a mistake you made is now set in stone. That's not true.

GEMINI
MAY 22-JUNE 21

Keep your thoughts to yourself today, especially if you are the kind of Gemini who tends to speak first and contemplate what you've said later, if at all.

SAGITTARIUS
NOV 23-DEC 21

Make sure others know what you're trying to tell them today, because if you get your wires crossed you'll get more than sparks!

CANCER
JUNE 22-JULY 22

The planets warn if you try to do more than one thing at a time you will lose direction, and when you lose direction you lose power too.

CAPRICORN
DEC 22-JAN 20

Listen to what friends say you should do to rectify a negative situation — then do the opposite. What other voices say is irrelevant.

LEO
JULY 23-AUG 23

You could be lulled into a false sense of security about your money situation, making it easier for dishonest types to make a killing at your expense.

AQUARIUS
JAN 21-FEB 18

Be cautious when doing business with people you don't know on a personal level. The planets warn you cannot afford to take risks.

VIRGO
AUG 24-SEPT 22

You may find it difficult to talk to others today but most likely it's only a temporary problem. On the weekend you'll be on the same wavelength again.

PISCES
FEB 19-MARCH 20

Do you read the riot act to someone who's giving you a hard time for no good reason, or do you ignore them? The latter is the better course.

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